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Friday 21<sup>st</sup> November 2025

No: 204

Dear Parents and Friends of Meadowbank School,

**Progress meetings**

Thank you for attending your child’s progress meetings this week. It was great to see so many families and we hope you enjoyed celebrating your child’s progress and achievements with the teaching teams.



**A hello and and a goodbye**



We said goodbye to Mrs Razzak just before the half term break. Mrs Razzak worked in our school office for a number of years and we will miss her. We wish her every success in her new role. We have appointed Ms Langhorn to support us in the office and she will be starting with us in the next few weeks we so look forward to welcoming her.

**Sensory resources in Cardiff libraries and Hybs**

Cardiff council have introduced new sensory pods across libraries and hybs in the city. The pods are designed to offer a safe, calming space to help recude anxieties in busy environemnts. They include fibre optic lights, LED light tubes and comfortable seating. There are also sensory backpacks available to borrow whilst using the facilities. They include rain makers, glitter tubes, a hand mirror, rattles, tactile pads and ear defenders. You can find out more at your local hyb, or on the Cardiff Council Facebook page.



**Pad Assessment clinic**

Our school Nurse Anna Nicol and our School Liasion nurse Becki will be running the next Pad Assessment Clinic on **Thursday 4<sup>th</sup> December**.



If you have any questions or concerns regarding your child’s nappies, pull-ups or pads then you can book an appointment by contacting the school office on 02920 616018.

**ALN resources to purchase**

**Coffee and Chat**



It was lovely to see some of our parents and carers at our coffee and chat event today. We will be hosting the next on on Friday 23<sup>rd</sup> January 2026 so hope to see you then!

**Gair yr Wythnos – week beginning 24<sup>th</sup> November:**

Our Welsh word(s) of the week will be:



What?  
Beth?



**Dates for the diary:**

Half term: Monday 22<sup>nd</sup> December 2025 – Friday 2<sup>nd</sup> January 2026  
End of Term: Friday 19<sup>th</sup> December 2025

**ALN friendly event**

Inset Days: Friday 13<sup>th</sup> February 2026, Friday 1<sup>st</sup> May 2026, Tuesday 5<sup>th</sup> May 2026 and Monday 20<sup>th</sup> July 2026