



EMAIL: Meadowbanksp@cardiff.gov.uk

WEBSITE:

<https://www.meadowbanksp.co.uk/>

14th November 2026

No: 203

Dear Parents and Friends of Meadowbank School,

Progress meetings

Apologies for the need to cancel the Progress Meetings this week. We truly appreciate your understanding. We have rearranged them for **Wednesday 19th November**, so your child's class teacher will be in touch via Seesaw. We look forward to seeing you then.



Children in Need



We have had a great day helping to raise funds for Children in Need today. All this week some of our classes have been taking part in the '5 moves a day' dancing challenge. Today, we have had lots of fun doing lots of different activities from making Pudsey biscuits to finding Pudsey's coloured spots whilst wearing our pyjamas! Thank you for your kind donations, they will be winging their way to Pudsey later today!

Coffee and chat for parents

We are hosting the next 'Coffee and chat' for parents and carers. The community room will be open to you from 10:00am until 11:30am on Friday 21st November so please come along and spend some time with other parents and carers from the school. We would love to see you all, and it is a wonderful opportunity to meet some new people, share ideas and support one another.



Gair yr Wythnos – week beginning 17th November

Our Welsh word(s) of the week will be:

Mwy
More



Flat hand, palm down, covers top of other fist

Half term: Monday 22nd December 2025 – Friday 2nd January 2026

End of Term: Friday 19th December 2025

Inset Days: Friday 13th February 2026, Friday 1st May 2026, Tuesday 5th May 2026 and Monday 20th July 2026.

Family fun idea:

ants inya pants
www.antsplaycentre.co.uk

WEEKLY ALN SESSIONS
THRIVE CARDIFF

- EVERY FRIDAY EVENING
- EXCLUSIVE SOFTPLAY SESSION
- ALL ALN CHILDREN WELCOME
- SIBLINGS ALSO ABLE TO ATTEND

6.00 PM Till 7.30 PM

FOR FURTHER INFO EMAIL: INFO@THRIVECARDIFF.ORG

ANTS INYA PANTS, RHYMNEY RIVER BRIDGE RD, OFF NEWPORT RD, CARDIFF CF23 9AF

Unpaid Carers event:

UNPAID CARERS MORNING 15 NOVEMBER
GRANGE PAVILION

- 10-11AM WELLBEING SESSIONS**
- 11-1PM STALLS AND INFO**
- 12-1 LUNCH**

SPA VOUCHER AND BUS TRIP SIGN UPS

BOOKING AND INFO:
ADMIN@GRANGEPAVILION.WALES

Gwasanaethau Byw'n Annibynnol
Independent Living Services

Cymrun Lles a Wellbeing Support

Local Carehub

CYC