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7<sup>th</sup> November 2026  
No: 202

Dear Parents and Friends of Meadowbank School,

## Flu nasal spray



The School Nursing Team visited this week to administer the Flu nasal spray and they will have contacted you to confirm that your child received the dose. They will be returning to school on Tuesday 18<sup>th</sup> November to administer the spray to any children that did not receive it this week, if you have already completed the consent form. Thank you for your patience.

## Progress meetings

A reminder that Progress Meetings will take place on **Wednesday 12<sup>th</sup> November**. You should have received a letter with a time slot for your meeting from your child's class team. Please can you ensure that you let the class know if you do not plan to attend. We strongly encourage every parent to attend so that we can celebrate the progress being made and discuss ways forward. We look forward to seeing you there!



## School Council



Congratulations to the members of our School Council for 2025-26. They are Rylun, Tasnim, Cody M, Eleri, Ammar, Cody G, Alice, Lacey may, George, Malvin, Szymon and Rashid. They will support the school by making decisions about relevant ideas or initiatives, by being good role models and a positive influence for the pupils and as well as helping to organise events to support charities and worthwhile causes.

## Children in Need

Our School Council have decided to support the Children in Need charity day **next Friday, November 14<sup>th</sup>**. They would love it if everyone could wear their pyjamas to school and bring a £1 donation for the cause. Please see overleaf for their poster.



## Coffee and chat for parents



We are hosting the next 'Coffee and chat' for parents and carers. The community room will be open to you from 10:00am until 11:30am so please come along and spend some time with other parents and carers from the school. We would love to see you all, and it is a wonderful opportunity to meet some new people, share ideas and support one another.

## Clybiau plant Cymru

Clybiau Plant Cymru would appreciate your help in completing this 5-minute survey. The survey is for parents with children under 12 and asks about childcare use. The results will help them better support and represent the Out-Of-school Childcare sector. Findings will be shared with organisations such as local authorities, funders, and the Welsh government, and all responses will be completely anonymous. Please visit the following link to complete the survey:



<https://docs.google.com/forms/d/e/1FAIpQLSdKZy4ZRQANmEYEVrANazh4C5TlyPvMrUsqJUDa7EzLUh-2Ag/viewform>

## Gair yr Wythnos – week beginning 10<sup>th</sup> November

Our Welsh word(s) of the week will be:



COLD



For cold food  
make sign  
closer to mouth



Oer  
Cold

Half term: Monday 22<sup>nd</sup> December 2025 – Friday 2<sup>nd</sup> January 2026

End of Term: Friday 19<sup>th</sup> December 2025

Inset Days: Friday 13<sup>th</sup> February 2026, Friday 1<sup>st</sup> May 2026, Tuesday 5<sup>th</sup> May 2026 and Monday 20<sup>th</sup> July 2026.



# PYJAMA DAY!

FRIDAY 14<sup>TH</sup> NOVEMBER

**All staff & pupils are invited to wear their  
pyjamas to school and bring in £1 towards  
children in need!**

