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3<sup>rd</sup> October 2026  
No:198

Dear Parents and Friends of Meadowbank School,

## Coffee, biscuits and chat



We would like to invite parents to use our community room on **Friday 17<sup>th</sup> October** for a coffee, a biscuit and a chat. We understand that it can be difficult to meet other school parents and get to know one another, so we would like to help you do that! Come along between 10am and 11:30am for a chance to meet other parents, have a hot drink and relax for a little while. We would like to make these opportunities happen more frequently, so please come along and join in. Everyone is welcome!

## A great big thank you!

National Teaching Assistant day was celebrated this week and we would like to send a great big thank you to our wonderful teaching assistants here at Meadowbank school. We hugely appreciate all the hard work, care and dedication that you show all year round. We are so lucky to have you all as part of our Meadowbank family! Keep up the amazing work everyone!



## Progress Meetings



Our Autumn term meetings will be held on **Wednesday 12<sup>th</sup> November**, so please save the date! Your child's class will be in touch in the next few weeks with further details about the event.

## School dinners



Could all parents please ensure that they are choosing the school meal that they would like their child to have every day. This can be done on the ParentPay portal, and we would appreciate you making the choice that you feel your child is likely to enjoy or try. We can offer taster portions, so please ensure that you check the portal and make the meal choices for your child.

## Family event

**Autumn Leaves**  
**Saturday 11 October 2-4pm**

A **FREE** event for children with additional needs and their families to enjoy together, including a bouncy castle, songs, puppets, crafts, sensory activities, refreshments, a quiet area and an interactive Bible story.

Highfields Church, Monthermer Road, Cathays, CF24 4QW  
Booking: [www.lighthouse4all.wales](http://www.lighthouse4all.wales) | 07941 782 904

Lighthouse4All

**Gair yr Wythnos** – week beginning 6<sup>th</sup> October  
Our Welsh word(s) of the week will be:

**Cwpan**  
Cup



## Diary Dates

Half Term: Monday 27<sup>th</sup> October – Friday 31<sup>st</sup> October 2025

End of Term: Friday 19<sup>th</sup> December 2025

Inset Days: Monday 3<sup>rd</sup> November 2025, Friday 13<sup>th</sup> February 2026, Friday 1<sup>st</sup> May 2026, Tuesday 5<sup>th</sup> May 2026 and Monday 20<sup>th</sup> July 2026.