



EMAIL: Meadowbanksp@cardiff.gov.uk
WEBSITE: <https://www.meadowbanksp.co.uk/>

Friday 19th September 2025
No. 196

Dear Parents and Friends of Meadowbank School,

INSET Days

We have published the dates for our INSET days for this academic year. They are available on our website. The school will be closed to pupils on the following dates: Monday 3rd November 2025, Friday 13th February 2026, Friday 1st May 2026, Tuesday 5th May 2026 and Monday 20th July 2026.



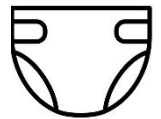
Eco-schools



A huge congratulations goes out to Mrs Bryon and the Eco-schools council for gaining our Green Flag award! They have been working hard to achieve the Eco-Schools steps across the last year and had their assessment on Thursday. Snowdrop class presented their work which was very well received and our Green Flag was awarded. Well done to everyone involved and thank you for all your hard work on ensuring our school is environmentally friendly.

Pad Assessment clinic

Our school Nurse Anna Nicol and our School Liaison nurse Becki will be running the next Pad Assessment Clinic on Thursday 9th October. If you have any questions or concerns regarding your child's nappies, pull-ups or pads then you can book an appointment by contacting the school office on 02920 616018. They are able to support with queries about issues such as size, fit and absorbency. Once an appointment is booked, you will need to complete an input/output chart for your child to support the conversations at your appointment.



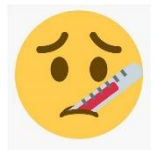
WNO



As a school we have links with several expressive arts companies and projects, but are always on the look of for more opportunities! Next week, we are looking forward to welcoming the Welsh National Opera into school. They will be undertaking a project with Snowdrop class over the next few months and we cannot wait to see the results!

Illness

Could we please remind parents that if your child is ill from vomiting or diarrhea, they will need to remain at home for 48 hours following the last incidence of vomiting or diarrhea. This is a Public Health policy that we have to follow to ensure the health and wellbeing of all pupils and staff, avoiding the risk of spreading the illness.



Toileting support



ERIC (The children's bowel and bladder charity) are available to provide support around toileting for your children. They aim to improve children's bowel and bladder health and want to reduce the impact of continence problems for children and their families. There is lots of advice on their website at www.eric.org.uk, or you can telephone their helpline on 0808 801 0343 Monday to Thursday between 10am and 2pm.

Gair yr Wythnos – week beginning 22nd September
Our Welsh word(s) of the week will be:

Grawnfwyd
Cereal



Mime shaking cereal into bowl



Diary Dates

Half Term: Monday 27th October – Friday 31st October 2025

End of Term: Friday 19th December 2025