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Friday 4<sup>th</sup> July 2025

Issue No: 191

Dear Parents and Friends of Meadowbank School,  
Please find below our news and updates for this week,  
we will do our best to give as much notice as possible  
for important events.

### School Essentials Grant

The School Essentials Grant can help cover the costs of school uniform, including coats and shoes. Families with children in reception to year 11 on lower incomes and [get certain benefits](#) can apply for £125 per learner.



Parents and carers can claim once per child per school year. To find out more and to apply, visit <https://www.cardiff.gov.uk/ENG/resident/Schools-and-learning/Financial-support/School-Essentials-Grant/Pages/default.aspx>

### City Hospice Garden of Memories Project



We're proud to let you know that our school is taking part in City Hospice's Garden of Memories project – a city-wide creative initiative where children

create artwork inspired by the themes of remembrance, kindness, and community. Their beautiful designs (from **Foxglove and Daffodil classes**) will be included in a special display at Cardiff Castle, as part of City Hospice's Forever Flowers installation from 2nd to 10th August 2025. Families are warmly invited to visit this meaningful tribute and see the children's work featured alongside over one thousand commemorative flowers. City Hospice is Cardiff's local hospice, providing specialist palliative care to patients across Cardiff, as well as offering support to their families. City Hospice is not a bedded unit and they offer care and support to their patients in their own homes, spending time understanding what is important to them. They need to raise £3 million each year to ensure they can keep caring for Cardiff.

For more information about the Forever Flowers campaign, display or to dedicate your own Forever Flower, please visit: [Forever Flowers 2025 - City Hospice](#)

Please see overleaf for information on more support you could receive from local services

### Free family event

**Picnic yn y Parc**  
Diwrnod Hwyl i'r Teulu

**Picnic in the Park**  
Family Fun Day

**Dydd Iau 24 Gorffennaf**  
12pm-3pm

**Thursday 24 July**  
12pm-3pm

Parc Lydstep, Heol Llanidloes, Caerdydd CF14 2ST  
Lydstep Park, Llanidloes Road, Cardiff CF14 2ST

Dewch â phicnic a blanced a gadwch i ni ddod â'r gymuned at ei gilydd  
Bring a picnic and a blanket and let's bring the community together

### Sports Day



Sports day will take place this year on **Wednesday 9th July**. The weather forecast is currently looking favourable.

The timetable for the day will be as follows:  
9:45-10:30am- Clover, Violet + Marigold (half class)  
11:00-11:45am- Bluebell and Poppy  
1:30-2:15pm - Daisy, Buttercup and Snowdrop  
1:45-2:30pm - Foxglove, Honeysuckle, Daffodil + Marigold (half class)

The class teams should have been in touch with you via SeeSaw, so please check your app for further details.

**Gair yr Wythnos** – week beginning 7<sup>th</sup> July  
Our Welsh word(s) of the week will be:

**Bisged**  
Biscuit



Tap twice



**Diary Dates:** INSET Days: **July 21<sup>st</sup>**

Summer holiday: Monday 21<sup>st</sup> July – Friday 29<sup>th</sup> August 2025

## LOOKING FOR DISABILITY BENEFIT ADVICE?

**Our Disability Benefit Support Team can offer a variety of specialist advice and support regarding:**

- Child Disability Living Allowance
- Attendance Allowance
- Limited Capability for Work under Universal Credit
- Personal Independence Payment
- Carer's Allowance

We provide specialist advice and assistance with completing claim forms, Mandatory Reconsiderations and appeals, and where appropriate provide representation at Tribunal hearings.

We offer face to face appointments, telephone appointments and home visits.

For further information, email [disabilitybenefitsupport@cardiff.gov.uk](mailto:disabilitybenefitsupport@cardiff.gov.uk) or call our Advice Line on **02920 871 071**

## One Group Grŵp Un

**Are you the parent or carer of a child, birth to five, with an additional need? If so, join us at one of our groups to meet new people and have a cuppa and a chat.**

**No diagnosis or referral needed!**

*It's fun, friendly and free!*

These groups provide an opportunity to meet other parents and children and get advice from Health, Education, Social Care and more.

Groups are run **school term time only**

**029 20 872717**  
<https://www.cardiff.gov.uk/ALN>

Find us on Facebook **Grwp1Group** Find us on Instagram **Grwp1Group**

*Cymraeg*

## Gwasanaeth Niwroddatblygiadol Neurodevelopmental Service

# Connection Session Cardiff

**For parents/carers only of children aged 0-11 years on the Neurodevelopmental waiting list.**

Please make alternative arrangements for childcare during the session. It is for **adults only** who live in **Cardiff**.

**Aims:**

- Overview of the Neurodevelopmental Service and what to expect when on the waiting list
- Connecting you to services, information and support that are available in Cardiff while on the waiting list
- A chance to ask questions, meet local services and speak to other parents and carers

**Location:** Cardiff West Community High School, 11 Penally Road, Cardiff CF5 5XP

**Date:** Monday 7th of July 2025

**Time:** 10:00am-12:00pm

There will be a 15-minute presentation from the Neurodevelopmental Service and then time to meet other services who will have stalls at the event.

**Please access the link or QR Code to book a free space.**

<https://NeurodevelopmentalConnectionSessionCardiff.eventbrite.co.uk>