



EMAIL:

Meadowbanksp@cardiff.gov.uk

WEBSITE:

<https://www.meadowbanksp.co.uk/>

Friday 20th June, 2025

No. 189

Ymestyn's Summer Camp

This is a CIW-accredited holiday programme designed specifically for children and young people aged 5–17 with additional needs.

The service offers a safe, inclusive, and enriching environment where children can build confidence, enjoy new experiences, and develop social skills through fun, structured activities both within our dedicated hub and out in the community.

Growing Stronger Together

This is a Community Interest Company based in Cardiff, dedicated to supporting children with Additional Learning Needs (ALN) and their families. We offer weekly age-specific sessions designed to help children with ALN develop confidence, social skills, and emotional wellbeing through play, sensory activities, and creative learning. These sessions are tailored to suit different age groups (3–5, 6–8, and 9+), and are led by experienced staff trained in supporting a wide range of needs including autism, ADHD, and sensory processing difficulties.

Ymestyn's Summer Club!

Monday -Friday
AM 9-12:30
PM 2-5:30 For children with additional needs
Safe, fun, and educational!

BOOK NOW!

- ✓ ALN 5-17yrs only
- ✓ CIW approved
- ✓ Direct Payment accepted
- ✓ Day Respite
- ✓ Safety and Supervision

07873732854
07563 207515 enquiries@ymestyn.org.uk

Summer Schemes
Stay and Play
Forest School
Horse Therapy
Suitable for all ages

Contact 07726427010
Growing Stronger Together

Gingerbread Single Parent Group

Cardiff Gingerbread group is part of a nationwide network of peer support groups for lone parents, it is affiliated with the charity Gingerbread which also provides support and advocacy in lone parent issues. Gingerbread Cardiff is a small group, sessions are informal and young children are welcome to attend along with their parent. The group is open to any age parent and is fully inclusive.

Meadowbank Movers

Our Meadowbank Movers dance group performed in the Cardiff and Vale Schools' Extravaganza in the Tramshed yesterday. Despite it being the hottest day of the year so far, they performed amazingly well! Lots of schools complimented them on how well they danced and how well they behaved. They really did do Meadowbank School proud! A huge thank you to the staff involved and especially Mr Williams-Jones for organising such a wonderful opportunity. Amazing job everyone!



Gair yr Wythnos – week beginning 23rd June

Our Welsh word(s) of the week will be:

Diod

Drink



Small movement



Gingerbread*
Single Parent Group

Last Friday of the month (Term Time)
11am-1pm
St Dyfrig's Church Hall, Llanrumney

Run by single parent volunteers, Gingerbread groups are a safe space for single parents to share the highs and lows of parenting or just to have a cuppa and a chat.

EAST CARDIFF
WELSH VALLEY

Diary Dates: INSET Days: September 2nd & 3rd, October 25th, March 3rd, May 6th, July 21st

Summer holiday: Monday 21st July – Friday 29th August 2025