



EMAIL: [Meadowbanksp@cardiff.gov.uk](mailto:Meadowbanksp@cardiff.gov.uk)  
WEBSITE: <https://www.meadowbanksp.co.uk/>

Friday 16<sup>th</sup> May, 2025  
No. 185

Dear Parents and Friends of Meadowbank School,

Please find below our news and updates for this week, we will do our best to give as much notice as possible for important events.

### #WearitGreen

Thank you so much to everyone who supported our Wear it Green Day. There were lots of different activities held across the school to support our pupils with their wellbeing, from sensory circuits and a scavenger hunt in the garden to making fruit kebabs and smoothies. Please check class X pages for photos and updates. A huge thanks to Tesco for providing us with fresh fruit and bottled water to support the days activities.



### Virtual advice sessions



Neurodivergence Wales will be hosting a virtual advice session on Understanding Masking. This will be led by Karen Mills and will take place on **Thursday 26<sup>th</sup> June, 10:00am – 12:00pm**. You can book your free space at

<https://neurodivergencewales.org/en/parents-carers/information-for-parents-carers/parents-and-carers-virtual-advice-sessions/>

You will also find recorded advice session held previously, such as 'Sleep: A guide for parents' and 'Making sense of the senses' at the web address above.

### Support or Eco Committee

Our school Eco Committee have been working hard to generate ideas to raise funds for our Edible Playground. As a committee they have chosen to take part in the 'bags2school' fundraising campaign. We kindly ask that if you have any adults/children's clothes, shoes (tied together), hats, belts or handbags that you no longer want, would you please bag them up and send them in with your child before **Tuesday 17<sup>th</sup> June**. Many thanks in advance for your continued support of our community here at Meadowbank.



### Warm weather



As we move into the warmer months, can we please ask that pupils bring a hat to school to wear at playtimes. Could suncream please be applied before school, and a clearly labelled bottle of suncream be sent to school to apply on particularly sunny days. As the weather is getting warmer children often take off their jumpers, hoodies or coats in school. Please remember to put your child's name on their clothing so that we can make sure discarded items are returned safely. Can we also please ask that footwear remains supportive and sensible so that children do not trip and slip. We thank you for your continued support.

### Meadowbank Movers

Our dance group, the Meadowbank Movers will be performing in the Cardiff & Vale School Extravaganza on Thursday 19<sup>th</sup> June at TramShed. Information about the event has been sent home with the children who are taking part, but tickets can be bought by emailing [contact@thedramaqueens.co.uk](mailto:contact@thedramaqueens.co.uk). Tickets are priced at £15.



**Gair yr Wythnos** – week beginning 19<sup>th</sup> May  
Our Welsh word(s) of the week will be:



**Baban**  
Baby



BABY



**Diary Dates:** INSET Days: September 2<sup>nd</sup> & 3<sup>rd</sup>, October 25<sup>th</sup>, March 3<sup>rd</sup>, May 6<sup>th</sup>, **July 21<sup>st</sup>**  
Half Term holiday: Monday 26<sup>th</sup> May – Friday 30<sup>th</sup> May

Pupils return to school: Monday 2<sup>nd</sup> June