



EMAIL: Meadowbanksp@cardiff.gov.uk
WEBSITE: <https://www.meadowbanksp.co.uk/>

Friday 2nd May, 2025
No. 183

Dear Parents and Friends of Meadowbank School,

Please find below our news and updates for this week, we will do our best to give as much notice as possible for important events.

Bank holiday and INSET day



A reminder that next **Monday, 5th May is a bank holiday so school will be closed to staff and pupils. Next Tuesday, 6th May, is an INSET day so school will be closed to pupils. Pupils will return to school on Wednesday 7th May.**

#WearitGreen

We will be supporting our pupil and staff wellbeing by supporting Wear it Green day on Thursday 15th May. There will be lots of activities organised on the day, but we would really appreciate your support by helping your child to wear something green on the day. Thank you.



Carers Wales



It's easy to feel isolated when you're caring. Held on Zoom, Carers Wales online 'Care for a Cuppa' chats offer a space to meet other carers, share experiences and find mutual support. They hold weekly sessions, mostly on Monday afternoons, and a monthly evening session if you can't attend during the daytime. In May, the Care for a Cuppa events will be held on:

Tuesday 6 May, 11am-12pm, Monday 12 May, 3-4pm, Monday 19 May, 3-4pm and Tuesday 27 May, 3-4pm
Evening Care for a Cuppa – Thursday 15 May, 7:30-8:30pm.

Please visit <https://www.carersuk.org/wales/help-and-advice/your-health-and-wellbeing/online-meetups/care-for-a-cuppa/> to book onto a session.

Warm weather

As we move into the warmer months, can we please ask that pupils bring a hat to school to wear at playtimes. Could suncream please be applied before school, and a clearly labelled bottle of suncream be sent to school to apply on particularly sunny days. As the weather is getting warmer children often take off their jumpers, hoodies or coats in school. Please remember to put your child's name on their clothing so that we can make sure discarded items are returned safely. We thank you for your continued support. Can we also please ask that footwear remains supportive and sensible so that children do not trip and slip.



Save the date



Sports day will take place this year on **Wednesday 9th July**. In case of bad weather, **Wednesday 16th July** will be kept as a reserve date. Classes will be in touch closer to the time with details about the day, but please save the date!

Gair yr Wythnos – week beginning 5th May

Our Welsh word(s) of the week will be:



Bachgen / Merch
Boy / Girl



Two small forward strokes at corner of mouth

Diary Dates: INSET Days: September 2nd & 3rd, October 25th, March 3rd, **May 6th, July 21st**
Half Term holiday: Monday 26th May – Friday 30th May

Pupils return to school: Monday 2nd June