



EMAIL: Meadowbanksp@cardiff.gov.uk
WEBSITE: <https://www.meadowbanksp.co.uk/>

Friday 6th December
No. 167

Dear Parents and Friends of Meadowbank School,

Cygnnet training course

We will be facilitating a Cygnnet course in January and February. This course is run by Barnardo's and is a 7-week programme for parents of children who have a diagnosis of ASD. We have limited spaces for this very popular course, so please contact the school to book your space. We will issue the spaces on a first come, first serve basis so please don't delay! For more information visit <https://barnardos-parenting.org.uk/>



Christmas Concert screenings



We will be holding our annual Christmas Concert on **Tuesday 17th December** and **Thursday 19th December**. Please be at the school ready for us to start at **1:30pm**. Following the performance, there will be time in your child's class to have some festive fun together!

Christmas Concert

We are busy filming the content for our Christmas concert. If you **do not** want your child to appear in the video, please can you let the school know by no later than Tuesday 10th December.



Reindeer Parade



We will be supporting City Hospice this year by taking part in a Reindeer Parade to support their Reindeer Run event. Please could your child wear something festive on Thursday 12th December and we will provide the antlers! A suggested donation of £1 would be welcome to support the City Hospice. Thank you in advance.

Contact Cymru

Find out about financial support for families who have a child with additional needs or disability. Access a FREE one-to-one session to speak to a parent adviser who can support you to access financial support that may be available.

- Disability Living Allowance
- Carer's Allowance
- Personal Independence Payment

To find out more, please contact sophie.barker@contact.org.uk | Tel: 07990234 440



Please see overleaf for some Family Fun ideas this festive season!

Gair yr Wythnos – week beginning 9th December
Our Welsh word(s) of the week will be:

Car / bws

Car / bus



Diary Dates

INSET Days: September 2nd & 3rd, October 25th, **May 6th, July 21st**
Half Term: Monday 23rd December – Friday 3rd January

End of Term: Friday 20th December



Festive family fun ideas

Cwtch Together

Join Cwtch Together for a special Christmas surprise (ALN Play session) this Saturday 7th December at 15th Cardiff Scout Hall, Sloper road, Cardiff, CF11 8AG
Time: Morning session 10.30 am – 12.45 pm Afternoon session 1 pm – 3.15 pm
Cost: Members £5 Non-members £6 Pay via Paypal cwtchtogether@gmail.com



Santa's Grotto at IKEA Cardiff



The award winning Santa's Grotto at IKEA Cardiff is back for 2024! No need to book, just go along and feel the magic. With all proceeds going to the Noah's Ark Children's Hospital Charity.

Available from Saturday 23rd November to Monday 23rd December. Opening hours are:

Monday: 10 am – 6 pm, Tuesday to Thursday 1 pm – 6 pm, Friday: 10 am – 6 pm, Saturday: 10.30 am – 5 pm

Sunday: 11.30 am – 4 pm

Prices: visit and gift £12; visit, gift and photo £14 (adults are free)

Christmas at Bute Park

The award-winning light trail is returning to Bute Park this winter. There are quiet sessions for children with additional needs and who are neurodivergent. These sessions have a 60% reduction in audience numbers as well as the audio volume being reduced. These sessions are available to book for between 16:15 and 17:00 on Wednesday 11th December. Please visit <https://christmasatbute.seetickets.com/timeslot/christmas-at-bute-park> for more information and to book tickets.



Gower Fresh Farm



As darkness descends, join us on our enchanting journey, as we weave a captivating light trail through the stunning farmland at our Farm on the Gower. Immerse yourself in our mesmerising kilometre long walk, with stunning lighting installations in our Lavender Field, enchanted forest with giant wildlife sculptures! Reindeer field plus more! To book tickets or for more information, please visit <https://www.gowerfreshchristmastrees.co.uk/bookings/>

Elf the Musical

See Elf the hit movie live on stage with this spectacular Christmas musical at ICC Wales in Newport. The story is magically recreated with catchy music, exciting sets, punchy jokes and a heart-warming tale the whole family will love! Relaxed performance will take place on Tuesday December 17th 6.30pm. Please visit <https://www.iccwales.com/whats-on/elf-the-musical/> for more information and to book tickets.

