

Friday 1st May

Issue No: 222

Dates for the diary

- ★ **Monday 4th May** is a bank holiday to the school will be closed to staff and pupils.
- ★ **Tuesday 5th May** will be an INSET day, so the school will be closed to pupils.
- ★ On **Thursday 14th May** we will be taking part in 'Wear it Green day' for Mental Health Awareness Week so we will be asking everyone to wear something green.
- ★ **Wednesday 10th June** will be our Sports Day, with Wednesday 17th June being our reserve day in case of inclement weather.

Health Profile for Children and Young People

The NHS have a Health Profile that you can download and fill in to support your child during any visits to health care setting. These profiles can give health professionals information that will help them to support your child during their visits, as we know that this can be a challenging situation for many children with ALN. You can find out more at <https://performanceandimprovement.nhs.wales/functions/quality-safety-and-improvement/our-work/learning-disability/health-profile/health-profile-for-children-and-young-people/>, where you can download the template as well as watch videos to that support you to complete it.



Carers Wales



It's easy to feel isolated when you're caring. Held on Zoom, Carers Wales online 'Care for a Cuppa' chats offer a space to meet other carers, share experiences and find mutual support.

They hold weekly sessions, mostly on Monday afternoons, and a monthly evening session if you can't attend during the daytime. In May, the Care for a Cuppa events will be held on:

Tuesday 5th May, 11am-12pm, Monday 11th May, 3-4pm, Monday 18th May, 3-4pm and Tuesday 26th May, 3-4pm
Evening Care for a Cuppa – Thursday 15th May, 7:30-8:30pm.

Please visit <https://www.carersuk.org/wales/help-and-advice/your-health-and-wellbeing/online-meetups/care-for-a-cuppa/> for more information and to book onto a session.

Warm weather

As we move into the warmer months, can we please ask that pupils bring a hat to school to wear at playtimes. Could suncream please be applied before school, and a clearly labelled bottle of suncream be sent to school to apply on particularly sunny days. As the weather is getting warmer children often take off their jumpers, hoodies or coats in school. Please remember to put your child's name on their clothing so that we can make sure discarded items are returned safely. We thank you for your continued support. Can we also please ask that footwear remains supportive and sensible so that children do not trip and slip.



Healthy Snacks



If you are sending food into school for your child, can we please ask that you support us by providing healthy options. We appreciate that many of our pupils can have particular tastes and preferences with foods, but please do not send sweets or sugary drinks.

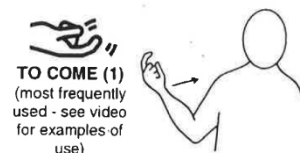


Gair yr Wythnos – week beginning 4th May

Our Welsh word(s) of the week will be:

Dod / dewch

To come



Term Dates

Half term: **Monday 25th May – Friday 29th May 2026**

Inset Days: **Friday 1st May 2026, Tuesday 5th May 2026 and Monday 20th July 2026**