

Friday 20th March

Issue No: 218

Comic Relief



Thank you for supporting our Comic Relief fundraising day! The children have enjoyed lots of different activities across the day – there has been lots of red and lots of mess! Please check SeeSaw and 'X' for photos of the fun activities your child has taken part in today.

Pad Clinic

Our next Pad Assessment Clinic with Anna Nicol is on **Thursday 16th April**. Please contact the school office to make an appointment if you wish to discuss your child's nappies, pads and pull-ups. You will need to complete an intake/output monitoring form in preparation for the appointment, and this will be sent home to you.



Eid Mubarak

We would like to wish everyone who celebrated Eid this week peace and blessings. We hope that you and your families and friends had a lovely time celebrating together.



Easter Bonnet Parade




Easter Celebrations

The children will be taking part in Easter activities next week. There will be an Easter bonnet/hat parade at school on **Friday 27th March**

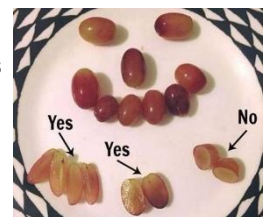
You may like to decorate a funny hat at home together, for your child to wear on Friday. Please send them in to school by Friday morning.

Have lots of fun being creative.




Healthy snacks

As a school we promote healthy eating for the children, and we appreciate your continued support with this. We love seeing the healthy snacks that you send for your children and this helps us to promote social skills, independence skills and healthy eating. We would ask that if you are sending grapes for your child, could you please ensure that they are cut to ensure safe eating. Thank you as always for your support.



Please see overleaf for information on upcoming events and things that may be of interest to you



Gair yr Wythnos – week beginning 23rd March

Our Welsh word(s) of the week will be:

Sefyll / sefwch / codwch
Stand / To stand / Get up



Term Dates

Half term: **Monday 30th March – Friday 10th April 2026**

Inset Days: **Friday 1st May 2026, Tuesday 5th May 2026 and Monday 20th July 2026**



Information for families

Healthy Lives Community Engagement Event

Activities

- Fun for all the family,
- Bouncy castle,
- Balloon modeller,
- Magician and more!!!

Stalls

Over 25 stalls and exhibitors for all ages!
Providing information on health, food and diet and wellbeing.

Health checks & Advice

Get free blood pressure & weight

Speak to a range of professionals from health services, local councils, charities, social care and community organisations

FREE ENTRY

Saturday, 11 April
Grange Pavilion, Grange Gardens, Cardiff, CF11 7LJ
11.00 – 2PM

TOYBOX PROJECT

FREE TOYS FOR THOSE IN NEED

WE TAKE IN UNWANTED TOYS VIA A NETWORK OF DROP OFF POINTS ACROSS SOUTH WALES AND THEN GIFT THEM TO THOSE IN NEED.

FREE TOYS FOR

- ✓ FAMILIES IN NEED
- ✓ NHS SERVICES
- ✓ SCHOOLS
- ✓ THIRD SECTOR SERVICES

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SCAN ME

AUTISM SUPPORT TEAM
POST-DIAGNOSTIC PARENT WORKSHOPS

Session topic | **Dates & Times**

1. Introduction to Autism and Education in Cardiff	April 30 th at 4.45pm until 6.45pm
2. Communication	May 7 th at 4.45pm until 6.45pm
3. Understanding Behaviour- Part 1	May 14 th at 4.45pm until 6.45pm
4. Managing Sensory Processing Differences	May 21 st at 4.45pm until 6.45pm
5. Understanding Behaviour- Part 2	June 4 th at 4.45pm until 6.45pm
6. A Parent Perspective	June 11 th at 4.45pm until 6.45pm

There will be opportunities to ask questions throughout the sessions. Sessions are aimed at parents/carers of children and young people 5 years of age and older

All workshops are FREE and will be held at
Howardian Primary school
Hammond Way
Cardiff
CF 23 9NB

Post-Diagnostic Parent Workshops 2026

If you are interested in attending, please scan the QR code

Os hoffech chi gael y sesiynau yma yn y Gymraeg, cyflwynwch gyda'r tîm os gwelwch yn dda. If you would like these sessions through the medium of Welsh please contact the team.

The Open University in Wales and AP Cymru present
CARING FOR CARERS CYMRU

A 'one-stop shop' of advice and support for carers of neurodivergent children

Saturday 28th March 2026 | **The Marion Centre, Rookwood Close**
10am – 4pm | **Llandaff, Cardiff, CF5 2NR**

AP CYMRU THE NEUROUNIVERSITY CHARITY

The Open University Y Brifysgol Agored Wales Cymru

- Speech Therapy
- Occupational Therapy
- Play Therapy
- Specialist Legal Advice (education/wills/trusts)
- Benefits Advice
- Local charities and support groups
- ...and so much more!

Plus a unique opportunity to share your views and experiences, to help improve support for unpaid carers in Wales.

Tickets are **£5 per person**, and they include:

- Lunch
- Unlimited free tea, coffee, and squash
- A free resource pack of information from our featured professionals
- A free 'Time for You' gift bag
- Free entry into our 'Self-Care' Prize Draw with 10 amazing prizes to be given away
- Caring insights and advice from experts at The Open University, as well as information on how to study with us

Scan the QR code to view the programme and book your tickets!

For more information, please email CaringforCarersCymru@open.ac.uk