



EMAIL:

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Friday 5<sup>th</sup> December 2025

No: 206

Dear Parents and Friends of Meadowbank School,

Dates for the diary



<b>Thursday 11<sup>th</sup> December</b>	<b>Christmas Jumper Day and our Reindeer Run</b> Could we please ask for festive clothing on this day for our Reindeer Run event.
<b>Thursday 11<sup>th</sup> December</b>	<b>Christmas dinner</b> As everyone will be feeling and looking festive, we will have our Christmas dinner together too.
<b>Thursday 18<sup>th</sup> December</b>	<b>Christmas Video Screenings</b> <b>Honeysuckle, Clover, Snowdrop, Marigold, Violet and Daffodil classes</b> Parents screening of Christmas Video in new hall followed by time in classes – 10:15am <b>Buttercup, Daisy, Poppy, Bluebell, Foxglove and Primrose classes</b> Parents screening of Christmas Video in old hall followed by time in classes – 1:45pm

Illness

There are currently lots of colds and bugs around at the moment, so can we please ask that you only send your child to school if you are confident that they are feeling well. Due to the busy nature of our school environment, illnesses can spread quickly, and we would like to prevent this as much as possible to keep children and staff safe and well. We thank you for your support in this.



Sponsor forms



Sponsor forms for our Reindeer Run in support of City Hospice will have come home this week, so we would appreciate any support that you can give. Thank you.

Please see overleaf for details of events that may be of interest to you.

Gair yr Wythnos – week beginning 8<sup>th</sup> December:

Our Welsh word(s) of the week will be:



House  
Tŷ



Dates for the diary:

Christmas Holiday: Monday 22<sup>nd</sup> December 2025 – Friday 2<sup>nd</sup> January 2026

Flu vaccination catch-up clinics



CADWCH EICH PLENTYN YN SAFF Y GAELF HWN  
CLINIGAU DAL-I-FYNY BRECHLYN FFLIW

I blant ysgol o'r Derbyn i Flwyddyn 11 a fethodd eu brechlyn ffliw yn yr ysgol. Bydd y Tim Imiwneiddio Nyrsys Ysgol yn cynnal sawl clinig dal i fyny ledled Caerdydd a'r Fro drwy gydol mis Rhagfyr.

KEEP YOUR CHILD SAFE THIS WINTER

FLU VACCINATION CATCH-UP CLINICS

For school-aged children from Reception to Year 11 who missed their flu vaccine in school. The School Nursing Immunisation Team will be holding several catch-up clinics across Cardiff and Vale throughout December

Am ragor o wybodaeth, sganiwch neu cliciwch isod neu ffoniwch 02920 907661/664. For further information, scan or click below or ring 02920 907661/664:



<https://cavuhb.nhs.wales/patient-advice/local-public-health-team/key-areas-of-focus/immunisations/flu-covid-vaccination/flu-vaccine-in-schools-information-for-parents/>



BP Caerdydd a'r Fro | Cardiff & Vale UHB

School Essentials Grant



The School Essentials Grant is available to help families on a low income, with children who attend primary or secondary school. You can use the grant to buy things like school uniform, sports kit, school bags and stationery. Please note that you cannot use this

grant to buy ICT equipment. To check if you are eligible to apply, please go to

<https://www.cardiff.gov.uk/ENG/resident/Schools-and-learning/Financial-support/School-Essentials-Grant/Pages/default.aspx>

End of Term: Friday 19<sup>th</sup> December 2025

Inset Days: Friday 13<sup>th</sup> February 2026, Friday 1<sup>st</sup> May 2026, Tuesday 5<sup>th</sup> May 2026 and Monday 20<sup>th</sup> July 2026



Autism Globe  
ACCEPT UNDERSTAND LOVE

# Coffee Morning

with

Neurodivergence  
Wales



*For parent and carers of children with Additional Learning Needs.*

Join us for a session with Neurodivergence Wales.

Come and explore their resources that are available for Neurodivergent individuals and their families.

Connect with other parent carers in a friendly, understanding environment.

Free refreshments- take a moment to relax.



Thursday 11<sup>th</sup> December 2025



10:30am-12:30pm



ASDA Community Hall, Asda Cardiff Bay,  
Ferry Road Retail Park, Cardiff CF11 0JR



Autism Globe



autismglobe



autismglobe@gmail.com



**TOGETHER**

Stay-and-Play sessions for children with additional needs and their families - no diagnosis required  
Every Saturday - Grange town, Cardiff, CF11 8AG

**10:30 - 12:45**

Cwtch play sessions for all ages.  
With sensory toys, soft play, role play, toy cars, dolls, crafts, and more...

**13:45 - 15:45**

Cwtch Hangout - sessions tailored for children 11+ and young adults.  
With iPads, tablets, learning to make reels, puppetry fun, sensory play, crafts, Lego, games, lifestyles and more... Free biscuits and squash.

**COSY CWTCH**

Exclusive online holistic sounds session for all. Tune in at any time on YouTube to watch our puppet friends with Claire and Cheryl.



Prices vary - see our Facebook or

Instagram pages for more information.

Registered Charity: 1182360 | WhatsApp: 07986 553361