



EMAIL:

Meadowbanksp@cardiff.gov.uk

WEBSITE:

<https://www.meadowbanksp.co.uk/>

Friday 28th November 2025

No: 205

ALN Friendly event

Dear Parents and Friends of Meadowbank School,

Dates for the diary



Thursday 11th December	Christmas Jumper Day and our Reindeer Run Could we please ask for festive clothing on this day for our Reindeer Run event.
Thursday 11th December	Christmas dinner As everyone will be feeling and looking festive, we will have our Christmas dinner together too.
Thursday 19th December	Christmas Video Screenings Timings will be confirmed in the next week or two, but please put the date in your diary – you won't want to miss it!

Cardiff and the Vale Parents' Federation

For over 30 years Cardiff & the Vale Parents' Federation has been supporting families caring for a relative with a learning disability. The Federation is run by parents, for parents, who understand the difficulties that families and lifelong carers face. They hold regular and informal social gatherings where you can meet other unpaid carers, share experiences and ideas (plus pick up some useful tips) They can signpost you to sources of support and give information on your rights as a carer. Please visit <https://parentsfed.org/>, call 02920 565917 or email admin@parentsfed.org to find out more.



Pad Assessment clinic

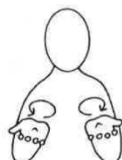
Our school Nurse Anna Nicol and our School Liaison nurse Becki will be running the next Pad Assessment Clinic on **Thursday 4th December**. If you have any questions or concerns regarding your child's nappies, pull-ups or pads then you can book an appointment by contacting the school office on 02920 616018.



Gair yr Wythnos – week beginning 1st December:
Our Welsh word(s) of the week will be:



Where?
Ble?



Friday 12th December 2025, 5:15pm – 7:15pm
Colliers Adventure Farm

Join **Spectrum Support Hub** for a **festive evening filled with fun, friendship, and holiday cheer** in a **safe, welcoming environment designed for everyone**.

This ALN (Additional Learning Needs) Christmas session is the perfect chance to celebrate the season together in an inclusive and supportive setting.

Don't miss out – spaces are limited!

<https://bookwhen.com/spectrumsupporthub#focus=v-sqao-20251212171500>

Thank you

We would like to say a big thank you to Ben and Gem for their kind donation of traffic lights and emotion keyrings. They are very gratefully received. You can find more information about their products on their Facebook page 'Created 3D Art by Ben & Gem'.



Dates for the diary:

Christmas Holiday: Monday 22nd December 2025 – Friday 2nd January 2026

End of Term: Friday 19th December 2025

Inset Days: Friday 13th February 2026, Friday 1st May 2026, Tuesday 5th May 2026 and Monday 20th July 2026